

INDIAN SCHOOL AL WADI AL KABIR
DEPARTMENT OF ENGLISH [2022-2023]

TOPIC: ESSAY WRITING (Descriptive)

HANDOUT-1

RESOURCE PERSON: Ms. Sheba Siddiqui

Name: _____

Class: V Sec: _____

Date: _____

THE FOUR SQUARE METHOD

1. Top Statement/Introduction

- * essential to keep fit and for physical strength
- * has health benefit
- * enhance positive thinking

2. Supporting details (Body)

Advantages

- * significance in enhancing our life
- * provide physical and mental strength
- * develop confidence, responsibility and team spirit

IMPORTANCE OF SPORTS IN OUR LIFE

3. Supporting details (Body)

Advantages

- * enhances immunity
- * builds personality and help in achieving goals
- * helps in handling difficult situations

4. Conclusion

- * reduces stress
- * brings discipline to life
- * keeps us active and energetic and should be mandatory for all